

LOCAL PLACES TO VISIT

There is so much on your doorstep here in Cornwall that we couldn't possibly include everything, but here are a few suggestions..

- LOCAL BEACHES - visit cornwall-beaches.co.uk/south-east for location, reviews and facilities info. Tregantle Beach and Freathy beaches are our top tips to avoid heavy crowds, and worth the walk down the cliffs, but note there are no facilities once you get there, so take everything you might need with you!

Seaton Beach (your view from your cabin) is lovely and expansive and has a couple of great cafes. Millendreath is a couple of miles in the direction of Looe, with water sports for hire and has a lovely Bistro on the beach and a beach bar.

Please remember to check tide times, which you can find here - tidetimes.org.uk

- EDEN PROJECT - great day out for all the family. Explore the largest indoor rainforest in the world!
- LOST GARDENS OF HELIGAN - one of the most popular botanical gardens in the UK.
- BODMIN JAIL - explore life as a 18th Century prisoner - recently completely renovated with new exhibits.
- TINTAGEL CASTLE - discover the legend of King Arthur
- ADRENALIN QUARRY - go-karting, zip lines, coasteering, inflatable water park
- SIBLYBACK LAKE - lovely cafe and walk around the lake
- GOLITHA FALLS - series of spectacular cascades and waterfalls through ancient woodland. Well worth a visit to Inkie's Smokehouse while you are there!
- CARNGLAZE CAVERNS - former slate mine. Self-guided underground tours and woodland walk.
- POLPERRO - old fishing village, lovely pubs and shops.

- CHARLESTOWN HARBOUR - Poldark filming location and quaint Cornish harbour.
- THE MONKEY SANCTUARY - meet the rescue monkeys, learn about their stories and primate welfare and conservation.
- MOUNT EDGCUMBE HOUSE - historic National Trust house and grounds, forest trails
- NATIONAL MARINE AQUARIUM, PLYMOUTH - the UK's biggest aquarium with huge shark tank over 3 floors!
- LLANHYDROCK - National Trust Victorian country house with gardens and wooded estate
- CARDINHAM WOODS - woodland walks, lovely cafe (great cake!) and bike hire centre.
- WHEAL MARTYN CLAY MINE - 26 acre china clay mining museum with kids attractions and nature trails
- KIDZWORLD ADVENTURE PLAY CENTRE - fab indoor and outdoor play for kids
- PORFELL WILDLIFE PARK - exotic animals, kids farm and recreated Maasai village
- PLYMOUTH GIN DISTILLERY TOURS - you can even make your own gin!

COVID-19 NOTE:

It's worth checking in advance regarding opening times and any current restrictions there may be in place beforehand.

WATER SPORTS

If you fancy getting out on the water during your stay, we can highly recommend Sea Explorers based at Millendreath Beach, which is only a 5 minute drive away, in the direction of Looe.

They are open 10am-5pm and have the following equipment for hire (age 6 and over)

- STAND UP PADDLEBOARDS
- BODY BOARDS
- SEA SCOOTERS
- SINGLE AND DOUBLE KAYAKS

CALL TO ENQUIRE OR BOOK

07740 683719 / 01503 263101

seaexplorersuk@outlook.com

BOAT TRIPS

There are a number of boat trips that you can take from Looe. Because of weather unpredictability, they don't take bookings in advance however, so it works on a first come first served basis on the day.

If you decide you'd like to take a boat trip one day, we recommend going into Looe early to put your name down on the little boards that will be next to the boats along the Quayside in Looe.

SURF HIRE AND LESSONS

ADVENTURE BAY SURF SCHOOL

- SURF HIRE
- SURF LESSONS
- COASTEERING
- PADDLE BOARDING

CALL TO ENQUIRE OR BOOK

07722 913 206

info@adventurebay.co.uk



LOCAL PLACES TO EAT & DRINK

We are spoilt for choice - but here are a few of our favourite places to eat out (or take-away) nearby. We would always recommend calling ahead to check opening times and to book where possible.

THE OLD SARDINE FACTORY
Quay Road, Looe PL13 2BZ
01503 770262

Beautiful fresh seafood and local flavours. Has heritage centre and climbing wall next door, and during peak season you can get a little boat across the quay to the main centre of Looe.

THE FISH MARKET
The Quay, East Looe, PL13 1DX

Our favourite! Incredible Seafood Restaurant and Bar. Local seafood simply cooked, direct from the boats that moor up and land just outside the front doors. A welcoming and cosy bar open every day for a truly phenomenal range of beers, wines and cocktails. We love this place! Say hi to Fred (the owner) from us!

THE CODDY SHACK
St Martins, Looe, PL13 1NX
01503 263091

The best fish and chips in Cornwall! You can also get fresh grilled fish and healthier options. Eat in or take-away. New bar opened December 2019 with over 30 gins! Be sure to book during peak season as very popular.

THE VIEW
Trenninow Cliff Road, Torpoint,
Cornwall, PL10 1JY
(0)1752 822345

Seasonal fresh local produce in a modern setting, perched high on the cliffs above Whitsand Bay with breathtaking views towards along the Cornish coastline.

THE PLOUGH AT DULOE
Duloe, Liskeard
Cornwall, PL14 4PN
01503 262556

Gastro style pub, locally sourced ingredients. Great food and dog and children friendly. Recently extended into big marquee to enable socially distanced dining.

THE COPLEY ARMS
Hessenford (just down the hill)
01503 240209

Recently under new ownership, with a top flight chef who has written a great menu. Expect a friendly welcome, a well kept pint of real ale and great food, reasonably priced.

TREDINNICK FARM SHOP CAFE
Widegates, PL13 1QL
01503 240992

In Widegates itself- your nearest grocery store with a lovely friendly cafe upstairs serving simple but delicious home cooked food. Gets busy at lunchtimes but doesn't take reservations so get there early during peak season if you want to have lunch - or be prepared to wait a couple of minutes for a table. Also serves a great breakfast menu and even does take-away!

THE BEACH HOUSE, SEATON
Bridge Road, Seaton PL11 3JD
01503 250065

Recently under new management and refurbished. Great wood fired pizzas, fish and chips, bar, great coffees and cakes. Dog friendly.

ROD AND LINE
Church Rd, Tideford, Saltash
PL12 5HW

A traditional 16th century Cornish pub offering a warm welcome, fantastic local ales and a range of exciting foods on the menu, all seasonal and locally sourced. It's really famed for its crab dishes, including the sweet chilli crab claws, and its shellfish.

If you discover anywhere during your stay that you would recommend - please do tell us, and pick up a card if possible to leave in the back of this manual so others can try it out too!

WALKING SUGGESTIONS



SEATON BEACH - lovely cafe on the beach - walk around to Downterry and enjoy a drink or lunch at the pub on the cliff. Lovely woods for walking between Hessenford and Seaton also.



KILMINORTH PATH - a favourite walk in Looe and also has parking which is a bonus! From Millpool car park, walk towards Kilminorth Woods at the end of the car park.



GOLITHA FALLS - a series of spectacular cascades through a steep sided gorge. Walk through the ancient woodland and be sure to enjoy a famous hot chocolate or something to eat at Inkie's Smokehouse situated in the car park - really a treat not to be missed! Free admission and parking too - what's not to love?!



MINIONS - discover stone circles, an old quarry and wild walking on the moors.



CARDINHAM WOODS - woodland walks with lovely cafe (great cake!) and bike hire centre.



SOUTH WEST COAST PATH - The South West Coast Path National Trail runs for a total of 630 miles along beautiful coastline with breathtaking scenery. Really any section of the coast path is a stunning experience.

LOOE - TALLAND BAY - POLPERRO



We love parking by Hannafore beach in Looe and walking to Polperro via Talland Bay, then you can get the bus back to Looe from Polperro. If you set off early you can be in Polperro for lunch. It's a good 4 mile walk with lots of ups and downs but well worth it for the scenery!

LANTIC BAY - POLRUAN



Beautiful walk from Lantic Bay to Polruan village (almost 2 miles) - where you can then take the passenger ferry across the picturesque estuary to Fowey, for a wander around the town and maybe a spot of lunch. Return via the same route. Allow at least 5 hours for the whole trip.

LOTS MORE ROUTES TO CHOOSE FROM

Visit www.southwestcoastpath.com to see their walk-finder, distance calculator and up-to-date route changes, day walk suggestions and safety advice.

WALKING FROM THE SITE (VIA THE PUB!)

There is a lovely circular walk from Widegates down through the woods, over a stream, and ending up in Hessenford- where there is a handy pub for a post-walk pint! The direct walk back up to Widegates from Hessenford is a steep road with no footpath though, so please take care. Alternatively, you can take the track off to the left just as you start up the road, and this brings you along a farm road via Trelowia and out by the Farm Shop in Widegates.

Directions: Turn right out of the glamping site and walk to the end of Lydcott Lane where you turn right again to head up through the village. After the village green on your right hand side, take another right turn down the lane, and follow it all the way until it turns into a bridle path which goes down to the stream at the bottom. When you eventually hit the road, head right and follow it round - it will bring you out behind The Copley Arms pub in Hessenford.

