





# Lunchtime Special Choose 3 dishes for £15

\*star items incur £1 supplement

	BREAD,	<b>OLIVES</b>	&	<b>ANTIPASTI</b>	
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BREAD, OLIVES & ANTIPASTI	
Mediterranean Olives (vg)(df) mixed pitted olives & vegetables marinated with	£3.50
mediterranean herbs, oil & spices <b>Rustic Bread</b> (vga)(df)  served with aioli or balsamic vinegar & olive oil	£3.95
Garlic Flatbread (v) garlic bread sprinkled with chopped parsley	£3.25
add tomato passata for an additional	£1.00
add grated mozzarella for an additional	£1.25
Baked Camembert	£6.95
rosemary, caramelised red onion chutney, toasted sourdough bread	E0.93
Boquerones	£4.95
classic tapas of marinated white anchovies, lemon, olive oil & parsley	
SALADS	
<b>House Salad</b> (gf)(vg)(df) mixed leaves, cherry tomatoes, cucumber, lemon dress	£4.95
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Greek Salad (gf)(v) red onion, cucumber, tomato, rocket, feta cheese, olives served with a lemon dressing	£5.95
Caesar Salad (v)	£5.25
croutons, baby gem lettuce, parmesan shavings,	L3.23
Caesar dressing add chicken	<b>★</b> £1.50
SEAFOOD & FISH TAPAS	
Calamares Fritos (gf) light crispy fried squid, aioli, lemon wedge	£6.25
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Gambas de Ajillo (gf) (dfa) sautéed king prawns, garlic butter, parsley please ask if you'd like a drizzle of chilli oil	£6.95
<b>Crispy Fish Bites</b> (gf) (df) crispy battered white fish, served with lemon mayo	£6.50
Pesce Alla Puttanesca (gf)(df) White fish fillet in a rustic Italian tomato sauce	£6.50
CLASSIC TAPAS	
Halloumi Bites (v)(gf) halloumi cheese sticks with sweet chilli sauce	£5.95
Crispy Cauliflower Bites (v)(vga)(gf)(dfa)	£5.95
crispy battered cauliflower with your choice of spicy ma or marinara sauce	
Aubergine Parmigiana (v)(gf) tomato Ragú, fried aubergine slices & cheese	£5.95
Garlic Mushrooms (v)(gf) garlic sautéed mushrooms, parsley, drizzled with truffle oil	£4.95
Patatas Bravas (v)(vga)(gfa) triple cooked potatoes , bravas sauce, aioli	£4.95
	£4.50
Padron Peppers (v)(vg)(gf)(df) charred & seasoned with sea salt & olive oil	£4.5U
Pommes Frites (v)(vg)(gf)(df)	£3.25

BRUSCHETTAS (gfa)	
Bruschetta with Tomato (v) (vg) (df) sourdough toast topped with ripe tomato, fresh basil, drizzled with balsamic glaze	£5.25
Bruschetta with Garlic Mushrooms (v) sourdough toast topped with garlic sautéed mushrooms, tarragon, drizzled with truffle oil	£5.95
Bruschetta with Sweet Chilli King Prawns sourdough toast topped with sautéed king prawns, sweet chilli sauce	£6.95
MEAT TAPAS	
Mini Chorizos (gf) spiced mini chorizo sausages in a honey glaze	£4.95
Chorizos with Red Pepper Stew (gf) chorizos, roasted red pepper, butterbeans	£5.95
<b>Ibérico Jamon Croquetas</b> serrano ham in a rich bèchamel sauce, coated in panko breadcrumbs, fried golden brown, aoli	£5.95
Albondigas	£6.50
beef & chorizo meatballs, salsa bravas	
<b>Tuscan Style Chicken Wings</b> (gf) (df) oven baked chicken wings flavoured with rosemary, sea salt & lemon wedge	£5.25
Chicken Skewers (gf)	£6.95
oven roasted chicken pieces on wooden skewers with red pepper & onion, with mediterranean flavours of	

Spiced Pork Skewers (gf) (contains sesame ) £6.95 oven roasted spiced pork pieces, peppers, red onion served on wooden skewers, red slaw garnish

sweet paprika, oregano, and citrus, red slaw garnish

Sticky Chicken (gf)
tender chicken pieces in tempura batter,
coated in a mediterranean sauce, spring onion,
sea salt

Bavetta

tender flank steak rolled with prosciutto, £5.95 monteray jack cheese, chimichurri sauce

# PASTA, PIZZA & RICE

## PENNE PASTA

White (vg) drizzled with olive oil and basil	£3.95
Basil Pesto (contains nuts)	£4.95
basil pesto cream, parmesan	
<b>Ragú</b> rich Ragú meat sauce	£5.75
DICE	

£5.75

#### RICE

Mushroom Arancini (gf)
deep fried breadcrumbed mushroom risotto balls,
parmesan, served on garlic mushrooms

### PETIT PIZZAS

PETIT PIZZAS	
Tomato & Mozzarella (v)	£4.95
Mushroom, Tomato, Mozzarella (v)	£5.50
Prosciutto, Tomato, Mozzarella	£5.95

Please advise us of any allergies or dietary needs before ordering as some dishes may be altered to suit. We cannot guarantee 100% that there are no traces of nuts or gluten in the ingredients as the kitchen uses these items in the preparation of some dishes and all menu items are subject to availability.

skin on fries, sea salt

(gf) gluten free (gfa) gluten free available, (v) vegetarian (vg) vegan (vga) vegan available, (df) dairy free (dfa) dairy free available