

<h1>Sides</h1>	
CHUNKY CHIPS (v) (446kcal)	<u>£3.95</u>
SKIN-ON FRIES (v) (488kcal)	<u>£3.95</u>
GARLIC BREAD (v) (569kcal)	<u>£3.95</u>
GARLIC BREAD WITH CHEESE (v) (731kcal)	<u>£4.95</u>
HOUSE SALAD WITH DRESSING (vg) (46kcal)	<u>£3.95</u>
HOUSE SLAW (vg) (303kcal)	<u>£2.95</u>
HOUSE MAC & CHEESE POT (v) (696kcal)	<u>£4.95</u>
ONION RINGS (v) (499kcal)	<u>£3.95</u>



To view allergy or nutritional information, please scan the QR code.

(v) - Vegetarian **(vg) - Vegan** **(gf) - Gluten-free**

Our menu descriptions do not include all ingredients. If you have a food allergy, please scan the QR code on this menu to view the allergens or speak to a member of our team before placing your order. We follow good hygiene practices in our busy kitchens, but unfortunately, we cannot guarantee that any of our dishes are completely free of allergens. Fish dishes may contain small bones. Products are subject to availability. Prices are in pounds sterling and include VAT. The nutrition values provided are for each complete dish as listed on the menu. Figures are typical and may vary due to seasonal factors and chef practices. 2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.

Solway Lunch

served between 12pm - 4pm

BLOOMER SANDWICHES

With your choice of filling on granary or white bloomer bread, served with crisps and a dressed salad.

CHEDDAR CHEESE & PICKLE (V) (953/924kcal)	<u>£6.95</u>
HONEY ROAST HAM & MATURE CHEDDAR (762/733kcal)	<u>£6.95</u>
PRAWN MARIE ROSE AND CRISP LETTUCE (906/877kcal)	<u>£7.95</u>

HOT SANDWICHES

Served with skin-on fries

- NEW GRILLED CHEESE, ONION & GARLIC MUSHROOM TOASTIE (v)** **£9.95**
On wholemeal bloomer. (768kcal)
- SAUSAGE BUTTY** **£8.95**
Served in a brioche bun. (1053kcal)
- FISH BUTTY** **£8.95**
Served in a brioche bun. (902kcal)

WRAPS

SWEET CHILLI CHICKEN WRAP

Sweet chilli chicken, grated cheddar, crispy lettuce, tomato, sweet chilli & lime mayo served in a tortilla wrap. (1193kcal)

£9.95

NEW CAJUN SPICED GRILLED RUMP STEAK WRAP

Caramelised onions, sautéed red peppers and lettuce served with a yoghurt dressing. (807kcal)

£9.95

JACKET POTATOES

CHEESE (V) (687kcal)	£6.95
CHEESE & BEANS (V) (779kcal)	£6.95
PRAWN MARIE ROSE (688kcal)	£7.95

BREAKFAST

HALF DAY BREAKFAST £11.95

Two bacon, two sausage, baked beans, two fried eggs, skinny fries and grilled tomato. (994kcal)

LOADED FRIES

DIRTY FRIES **£7.95**
Smothered in nacho cheese, spring onions and bacon bits. (796kcal)

Starters

NEW CHEF'S SOUP OF THE DAY (v) **£5.95**

Served with fresh bloomer bread and butter.
(Ask a team member for kcal information.)

SWEET & STICKY PORK BELLY BITES **£7.95**

Pork belly served in a soy, honey & sweet chilli sauce. (813kcal)

NEW DEEP-FRIED HALLOUMI (v) **£7.95**

Tossed in hot honey served with a red pepper dip. (936kcal)



SOUTHERN FRIED CHICKEN STRIPS **£7.95**

Served with a sweet chilli dipping sauce. (484kcal)

NEW CHICKPEA & CAULIFLOWER BHAJI CROQUETTES (vg) **£6.95**

Served with a lemon & mint vegan yoghurt. (298kcal)



NEW GARLIC & HERB KING PRAWNS **£8.95**

Served with garlic ciabatta and a lemon & tarragon mayo. (716kcal)

Sharers

ULTIMATE SHARER **£19.95**

Crispy chicken strips, sweet & sticky pork belly bites, chickpea & cauliflower croquettes, garlic bread, skin-on fries and dipping pots of BBQ, garlic mayo and sweet chilli sauces. (2337kcal)



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Mains

NEW CHARGRILLED CUMBERLAND SAUSAGE RING **£14.95**

Served with mashed potato, seasonal vegetables, crispy French-fried onions and gravy. (1361kcal)

NEW HOMEMADE CHICKEN TIKKA MASALA **£14.95**

Marinated pieces of chicken breast in an aromatic Tikka Masala sauce, served with rice, a cauliflower bhaji croquette & chapati. (1178kcal)

FISH & CHIPS **£15.95**

Traditional, crispy hand-battered fish fillet served with gourmet chips, garden peas, a lemon wedge and chunky tartar sauce. (911kcal)

NEW STICKY BELLY OF PORK **£16.95**

Served with spring onion mash, seasonal vegetables and a sticky red wine & BBQ gravy. (1165kcal)

HOMEMADE LASAGNE **£14.95**

Layers of pasta with Bolognese and creamy béchamel, served with garlic bread and a side salad. (1288kcal)

NEW TERIYAKI STICKY CHICKEN **£14.95**

Served with Asian noodles, Chinese greens in a soy, honey and lime dressing. (768kcal)

NEW SMOKED PAPRIKA CHICKEN LINGUINE **£14.95**

Chicken breast, smoked paprika, sun-dried tomato, mushroom, spinach & parmesan. (1116kcal)

NEW POTATO GNOCCHI, CHERRY TOMATO, SMOKED RED PEPPER SAUCE (v) **£13.95**

Burrata mozzarella, basil & toasted pine nuts, served with a garlic ciabatta. (1183kcal)



STEAK & ALE PIE **£15.95**

Steak and ale pie filled with tender beef and vegetables cooked with ale. Served with mashed potato or chips and seasonal vegetables. (1233kcal)

HUNTERS CHICKEN MELT **£14.95**

Grilled chicken breast topped with bacon, BBQ sauce and melted cheese, served with chips and house slaw. (948kcal)

NEW ROAST VEGETABLE & SUN-BLUSHED TOMATO TART (vg) (gf) **£13.95**

Served with Parmentier potatoes & spring greens. (1123kcal)



CHICKEN KATSU CURRY **£13.95**

Crispy breaded chicken and an aromatic curry sauce, served with white rice, chilli and spring onion. (906kcal)

HOUSE MAC & CHEESE (v) **£12.95**

Macaroni in a creamy three-cheese sauce topped with a parmesan crumb, served with a freshly-dressed side salad and garlic ciabatta. (1267kcal)

Add Streaky Bacon (54kcal) **£3.00**

Add Sticky Pork Bites (392kcal) **£3.00**

Add Chicken (123kcal) **£3.00**

Grill

MAPLE-GLAZED GAMMON STEAK **£14.95**

Gammon steak with either a fried egg or pineapple, served with chips, mushroom and peas. (868/846kcal)

NEW CHICKEN & STICKY PORK BELLY BITES COMBO **£16.95**

Sweet, sticky pork belly bites and a grilled chicken breast served with skin-on fries, corn on the cob and in-house slaw. (1666kcal)

8OZ AGED RUMP STEAK **£18.95**

8oz aged rump steak cooked to your liking. Served with skin-on fries, onion rings, half a grilled beef tomato, garden peas and watercress. (848kcal)

Add peppercorn sauce (201kcal) **£2.45**

8OZ AGED SIRLOIN STEAK **£23.95**

8oz aged sirloin steak cooked to your liking. Served with skin-on fries, onion rings, half a grilled beef tomato, garden peas and watercress. (848kcal)

Add peppercorn sauce (201kcal) **£2.45**

NEW SOLWAY MIXED GRILL **£24.95**

Half a chicken breast, 4oz rump steak, locally-made sausage, gammon, black pudding, grilled tomato, mushroom, two fried eggs, skin-on fries, onion rings and peppercorn sauce. (1827kcal)

Salads

NEW FATTOUSH SALAD (v) **£9.95**

Gem lettuce, cucumber, tomato, pitta bread croutons, red onion and mint, tossed in a lemon, olive oil & sumac dressing. (653kcal)



Add Lemon & Garlic Grilled Chicken (242kcal) **£3.95**

Add Grilled Lemon & Garlic Greek Cheese (v) (452kcal) **£3.95**

Add Garlic & Herb King Prawns (178kcal) **£4.95**

HOT CRISPY CRUMBED CHICKEN FILLET CAESAR SALAD **£14.95**

Crisp baby gem lettuce, parmesan and croutons tossed in a Caesar dressing, topped with a hot crispy crumbed chicken fillet. (840kcal)

Hot Skillet Plates

NEW FOR 2025

New for 2025 our hot skillets come out sizzling and smoking so you can smell the aromas as they arrive, all delicious and a choice of seasoned skin-on fries or spicy rice.

NEW TERIYAKI RUMP STEAK **£17.95**

Teriyaki rump steak with onions, peppers & mushrooms with a sticky teriyaki glaze. (911/937kcal)

NEW TANDOORI CHICKEN **£17.95**

Tandoori marinated chicken breast with sautéed onions and peppers served with a tandoori yoghurt dressing on the side. (855/881kcal)

NEW LAMB KOFTA **£17.95**

Spiced lamb meatballs with harissa & garlic oil, roast peppers & onions and a smokey tomato sauce to finish. (1468/1494kcal)

NEW GRILLED GREEK CHEESE (v) **£16.95**

Grilled Greek cheese with onions, peppers & mushrooms finished with a sticky lemon & black pepper glaze. (1165/1191kcal)



Burgers

CHEESE & BACON BURGER **£13.95**

Flame-grilled beef patty on a brioche bun with Batavia leaves, tomato, American cheese and bacon. Served with slaw and skin-on fries. (1193kcal)

FRIED CHICKEN STACK **£17.95**

Double-stacked fried chicken burgers with American cheese & streaky bacon in a brioche bun. Served with skin-on fries, onion rings, BBQ sauce and vegan slaw. (1510kcal)

BORDERS DOUBLE STACK BURGER **£17.95**

Two flame-grilled patties, pickle, American cheese and bacon on a brioche bun served with onion rings, skin-on fries and vegan slaw. (1683kcal)

NEW MEXICAN CHICKEN BURGER **£14.95**

Chipotle spice crumbed chicken fillet, nacho cheese sauce, tortilla chips, sweet pickle red onions, jalapenos, lettuce and tomato on a brioche bun. Served with garlic mayo and skin-on fries. (1123kcal)

NEW MEATLESS FARM PLANT BASED BURGER (vg) **£13.95**

Vegan cheese, tomato, sweet pickled red onions, pickles and vegan garlic mayo served in a vegan brioche bun with skin-on fries. (1201kcal)





BORDERS

BAR & RESTAURANT

Breakfast Menu

FULL ENGLISH £7.95

Cumberland sausage, bacon and hash brown with your choice of a fried, scrambled, or poached egg, beans and toast. (700kcal)

BIG FULL ENGLISH £12.95

Two Cumberland sausages, two rashers of bacon, two hash browns, with your choice of fried, scrambled or poached eggs, beans, black pudding, mushroom, grilled tomato and toast. (1302kcal)

VEGAN BREAKFAST (vg) £6.95

Quorn sausage, mushroom, grilled tomato, hash brown, beans and toast with vegan spread. (581kcal)

SANDY'S KIDS' BREAKFAST £4.95

Cumberland sausage, scrambled egg and beans. (427kcal)

Filled Rolls

THE ULTIMATE £6.95

Cumberland sausage, bacon and fried egg. (744kcal)

BACON ROLL £4.95

(427kcal)

CUMBERLAND SAUSAGE ROLL £4.95

(525kcal)

QUORN SAUSAGE ROLL (vg) £3.95

(368kcal)

FRIED EGG ROLL (v) £2.95

(360kcal)

Pancake Stacks

Full Stack - 4 / Short Stack - 2

CHOOSE YOUR TOPPING

Maple syrup & melted butter (v) (687/433kcal) £6.95/£3.95

Bacon & maple syrup (688/359kcal) £6.95/£3.95

Banana & Nutella™ (v) (882/441kcal) £6.95/£3.95

On Toast

EGGS ON TOAST (v) £4.95

Toasted granary or traditional white farmhouse bread topped with your choice of fried, poached, or scrambled eggs. (290kcal)

BEANS ON TOAST (v) £3.95

Toasted granary or traditional white farmhouse bread topped with baked beans. (329kcal)

Light Breakfast

TOAST & PRESERVE (v) (607kcal) £2.95

PORRIDGE, HONEY & BANANA (v) (344kcal) £2.95

CEREAL AND MILK (v) £1.95

(Please ask your server for calorie information)

Waffles

CHOOSE YOUR TOPPING

Strawberry & Nutella™ (v) (618kcal) £5.95

Bacon & maple syrup (603kcal) £5.95

Fruits of the forest (v) (526kcal) £5.95

Extra Items

Cumberland Sausage (121kcal) £1.50

Bacon (72kcal) £1.50

Black Pudding (142kcal) £1.50

Fried Egg, Scrambled Egg or Poached Egg (v) (102kcal) £1.50

Hash Brown (v) (122kcal) £1.50

Beans (v) (92kcal) £1.00

Mushroom (v) (34kcal) £1.00

Grilled Tomato (v) (36kcal) £1.00



BORDERS

BAR & RESTAURANT

Coffees

LAVAZZA

TORINO, ITALIA, 1895

LATTE (76kcal)	£3.49
CAPPUCCINO (76kcal)	£3.49
AMERICANO (3kcal)	£2.89
FLAT WHITE (76kcal)	£3.59
MOCHA (158kcal)	£3.49
ESPRESSO (3kcal)	£1.99
DOUBLE ESPRESSO (6kcal)	£2.89
ICED LATTE (77kcal)	£3.49
VANILLA ICED LATTE (111kcal)	£3.99
CARAMEL ICED LATTE (112kcal)	£3.99



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Tea & Hot Chocolate

TEA (74kcal)	£2.29
SPECIALITY TEA (0kcal)	£2.29
HOT CHOCOLATE (175kcal)	£3.59
DELUXE HOT CHOCOLATE (389kcal)	£4.49

Juice

ORANGE JUICE (106kcal)	£2.60
APPLE JUICE (106kcal)	£2.60

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Dessert Menu



Cartmel has been making its sticky toffee pudding for over 20 years and is still handmade to this day.

**THE ORIGINAL STICKY TOFFEE
PUDDING BY CARTMEL**

£6.95

Served with Luxury Lakes vanilla ice cream. We are proud to be partnered with and serve Cartmel's world-famous sticky toffee pudding. (614kcal)

TOFFEE WAFFLE (vg)

£5.95

Sweet Belgian waffle topped with two scoops of local Luxury Lakes vegan Thunder & Lightning ice cream and vegan chocolate sauce. (628kcal)

BOWL OF LUXURY LAKES ICE CREAM (v)

£4.95

Choose 3 scoops from:

(Please ask your server for calorie information.)



- Cartmel Sticky Toffee Pudding
- Classic Chocolate
- Classic Strawberry
- Salted Caramel
- Vanilla (vg)
- Vegan Thunder & Lightning (vg)
- Vegan Salted Caramel (vg)

New

WARM CHOCOLATE & ORANGE BROWNIE (vg) (gf)

£5.95

Goey warm chocolate & orange brownie served with vegan salted caramel ice cream. (448kcal)

STRAWBERRY CHEESECAKE

£5.95

Served with lemon curd and a scoop of Luxury Lakes strawberry ice cream. (368kcal)

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BORDERS

BAR & RESTAURANT

Sunday Lunch Menu

Starters

SWEET & STICKY PORK BELLY BITES £7.95

Pork belly served in a soy, honey & sweet chilli sauce. (813kcal)

NEW DEEP-FRIED HALLOUMI (v) £7.95

Tossed in hot honey served with a red pepper dip. (936kcal)

SOUTHERN FRIED CHICKEN STRIPS £7.95

Served with a sweet chilli dipping sauce. (484kcal)

NEW CHICKPEA & CAULIFLOWER BHAJI CROQUETTES (vg) £6.95

Served with a lemon & mint vegan yoghurt. (298kcal)

NEW GARLIC & HERB KING PRAWNS £8.95

Served with garlic ciabatta and a lemon & tarragon mayo. (716kcal)

Mains

NEW CHARGRILLED CUMBERLAND SAUSAGE RING £14.95

Served with mashed potato, seasonal vegetables, crispy French-fried onions and gravy. (1361kcal)

FISH & CHIPS £15.95

Traditional, crispy hand-battered fish fillet served with gourmet chips, garden peas, a lemon wedge and chunky tartar sauce. (911kcal)

NEW TERIYAKI STICKY CHICKEN £14.95

Served with Asian noodles, Chinese greens in a soy, honey & lime dressing. (768kcal)

NEW ROAST VEGETABLE & SUN-BLUSHED TOMATO TART (vg) (gf) £13.95

Served with parmentier potatoes and spring greens. (1123kcal)

HUNTERS CHICKEN MELT £14.95

Grilled chicken breast topped with bacon, BBQ sauce and melted cheese, served with chips and house slaw. (948kcal)

CHEESE & BACON BURGER £13.95

Tender flame-grilled 6oz burger topped with American cheese, streaky bacon, lettuce, tomato and burger relish in a brioche bun, served with skin-on fries. (1193kcal)

NEW FATTOUSH SALAD (v) £9.95

Gem lettuce, cucumber, tomato, pitta bread croutons, red onion, mint, tossed in lemon, olive oil & sumac dressing. (653kcal)

Add Lemon & Garlic Grilled Chicken (242kcal) £3.95

Add Grilled Lemon & Garlic Greek Cheese (v) (452kcal) £3.95

Add Garlic & Herb King Prawns (178kcal) £4.95

Sunday Roast

2 COURSES £22.95 | 3 COURSES £27.95

ROAST TOPSIDE OF BRITISH BEEF £17.95

Served with Yorkshire pudding, roast potatoes, vegetables and gravy. (1290kcal)

ROAST BELLY OF PORK £17.95

Served with crackling, Yorkshire pudding, roast potatoes, vegetables, apple purée and gravy. (1472kcal)

ROAST HALF CHICKEN £17.95

Served with Yorkshire pudding, stuffing, roast potatoes, vegetables and gravy. (3350kcal)

NUT ROAST (v) £16.95

A classic nut roast of butternut squash, sweet potato, carrot and Cheddar cheese, topped with white onion marmalade, apricots and cranberries. Served with Yorkshire pudding, stuffing, roast potatoes, vegetables and gravy. (1186kcal)

For the Little Ones

KIDS’ ROAST TOPSIDE OF BRITISH BEEF £6.95

Served with Yorkshire pudding, roast potatoes, vegetables and gravy. (640kcal)

KIDS’ ROAST BELLY OF PORK £6.95

Served with crackling, Yorkshire pudding, apple purée, roast potatoes, vegetables and gravy. (731kcal)

KIDS’ ROAST CHICKEN BREAST £6.95

Served with Yorkshire pudding, stuffing, roast potatoes, vegetables and gravy. (668kcal)

Sides

CAULIFLOWER CHEESE (v) £4.95

(363kcal)

SMASHED CARROT & TURNIP (v) £3.95

With honey & thyme. (268kcal)

HONEY ROASTED CARROTS (v) £3.95

(287kcal)

BROCCOLI IN TOASTED ALMOND BUTTER (v) £3.95

(252kcal)

CREAMED LEEKS (v) £4.95

(524kcal)

ROAST POTATOES (v) £3.95

(428kcal)

MASHED POTATO (v) £3.95

(324kcal)

Desserts



Cartmel has been making its sticky toffee pudding for over 20 years and is still handmade to this day.

THE ORIGINAL STICKY TOFFEE PUDDING BY CARTMEL £6.95

Served with Luxury Lakes vanilla ice cream. We are proud to be partnered with and serve Cartmel’s world-famous sticky toffee pudding. (614kcal)

NEW WARM CHOCOLATE & ORANGE BROWNIE (vg) (gf) £5.95

Goopy warm chocolate & orange brownie served with vegan salted caramel ice cream. (448kcal)

NEW STRAWBERRY CHEESECAKE £5.95

Served with lemon curd and a scoop of Luxury Lakes strawberry ice cream. (368kcal)

TOFFEE WAFFLE (vg) £5.95

Sweet Belgian waffle topped with two scoops of local Luxury Lakes vegan Thunder & Lightning ice cream and vegan chocolate sauce. (628kcal)

BOWL OF LUXURY LAKES ICE CREAM (v) £4.95

Choose 3 scoops from:

- Cartmel Sticky Toffee Pudding
- Classic Chocolate
- Classic Strawberry
- Salted Caramel
- Vanilla (vg)
- Vegan Thunder & Lightning (vg)



(Please ask your server for calorie information.)

Drinks



LATTE (76kcal) £3.49

CAPPUCCINO (76kcal) £3.49

AMERICANO (3kcal) £2.89

FLAT WHITE (76kcal) £3.59

MOCHA (158kcal) £3.49

ESPRESSO (3kcal) £1.99

DOUBLE ESPRESSO (6kcal) £2.89

ICED LATTE (77kcal) £3.49

VANILLA ICED LATTE (111kcal) £3.99

CARAMEL ICED LATTE (112kcal) £3.99

TEA (74kcal) £2.29

SPECIALITY TEA (0kcal) £2.29

HOT CHOCOLATE (175kcal) £3.59

DELUXE HOT CHOCOLATE (389kcal) £4.49

ORANGE JUICE (106kcal) £1.95

APPLE JUICE (106kcal) £1.95

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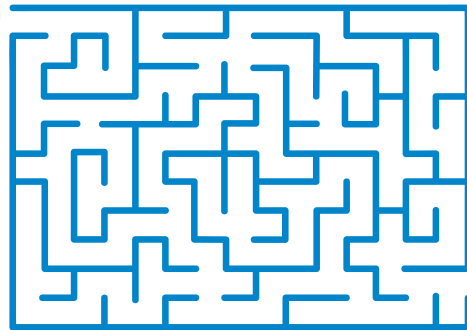
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Let's play!



Cove Maze

Can you help Sandy through the maze to find his friend Fisher?



C	F	D	C	H	E	E	K	Y	R
Y	R	E	I	C	L	U	R	L	I
T	R	T	N	O	U	N	E	E	E
H	W	E	Q	N	N	E	H	A	S
G	S	R	L	F	A	X	S	D	I
U	A	M	E	I	V	C	I	E	W
A	N	I	R	D	I	I	F	R	N
N	D	N	U	E	D	T	M	G	U
H	Y	E	A	N	Z	E	N	A	Z
U	B	D	L	T	W	D	S	G	P

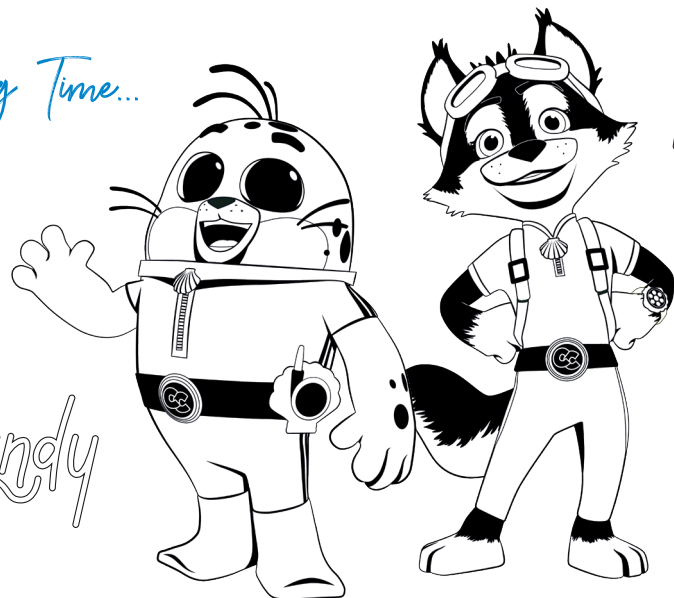
Word Search

Find the hidden words among the letters

SANDY	DETERMINED	DIVA
LEADER	EXCITED	FISHER
WISE	LAUREL	NAUGHTY
LUNA	CONFIDENT	CHEEKY

Colouring Time...

Sandy



Lynx



BORDERS

Kids' menu



ALL KIDS' MEALS
COME WITH A FRUIT SHOOT

Mains

(Swap any side for carrot & cucumber sticks)

Mac & Cheese (566kcal) **V**£7.95

Served with garlic bread.

Chicken Nuggets (726kcal)£7.95

Served with skin-on fries and beans.

Fish & Chips (521kcal)£7.95

Served with peas.

Homemade Lasagne (466kcal)£7.95

Served with garlic bread.

NEW Chicken Tikka Masala (409kcal)£7.95

Homemade curry with chicken pieces marinated in aromatic spices, served in a tikka masala sauce with steamed rice.

Build Your Own Wrap (823/855kcal) **VG**£7.95

Grilled chicken served with cheese, two 6" tortillas, fries and BBQ sauce.
Vegan option available with chickless breast and vegan cheese.



50p from every kids' meal sold
is donated by Cove UK to
Teenage Cancer Trust

Desserts

Oreo Nutella™ S'mores (800kcal) **V**£4.95

Crumbled Oreo biscuit topped with Nutella™ and marshmallows,
served warm and gooey!

White Chocolate and Raspberry Meringue (278kcal) **V**£4.95

White chocolate and raspberry meringue cloud and two scoops of Luxury Lakes vanilla ice cream topped with berries and strawberry sauce.

Luxury Lakes Ice Cream - Two Scoops
(Please ask server for calorie information) **V**£2.95

Choose two scoops from: Vanilla, Cartmel Sticky Toffee, Classic Chocolate,
Classic Strawberry, Salted Caramel, Vegan Vanilla, Vegan Thunder & Lightning

Pip Organic Ice Lollies (19/17kcal) **VG**£1.50

Organic fruit ice lolly with no added sugar, colours, or flavourings.
Choose from rainbow ice lolly or berry fruity lolly

V Vegetarian **VG Vegan**

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Teenage Cancer Trust is a registered charity: 1062559 (England & Wales), SC039757 (Scotland)



Solway Snacks Menu

Snack Baskets

CHICKEN STRIPS

Served with skin-on fries and sriracha ranch dip (911kcal)

£7.95

HOT DOG

Served with skin-on fries and BBQ sauce dip (1367kcal)

£8.95

Chicken Wings

PLAIN (696kcal)

£5.95

BOURBON BBQ (934kcal)

£6.95

SRIRACHA & HONEY (774kcal)

£6.95

SALT & CHILLI (795kcal)

£5.95

Loaded Fries

Skin-on fries with your choice of topping.

CHICKEN (939kcal)

£6.95

MAC & CHEESE (v) (905kcal)

£6.95

CHEESE AND BEAN (v) (966kcal)

£5.95

Tasty Wings

GARLIC BREAD (v) (569 kcal)

£3.95

GARLIC BREAD & CHEESE (v) (733 kcal)

£4.95

CHUNKY CHIPS (v) (446 kcal)

£3.95

CHUNKY CHIPS & CHEESE (v) (652 kcal)

£4.95

SKIN-ON FRIES (v) (488 kcal)

£3.95

ONION RINGS (v) (499kcal)

£3.95

(v) - Vegetarian

Our menu descriptions do not include all ingredients. If you have a food allergy, please scan the QR code on this menu to view the allergens or speak to a member of our team before placing your order. We follow good hygiene practices in our busy kitchens, but unfortunately, we cannot guarantee that any of our dishes are completely free of allergens. Products are subject to availability. Prices include VAT. The nutrition values provided are for each complete dish as listed on the menu. Figures are typical and may vary due to seasonal factors and chef practices. 2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.



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BOX FISH

FISH

NORTH ATLANTIC COD & chips (939 cal)	£11.49
NORTH ATLANTIC COD (439 cal)	£8.49
NORTH ATLANTIC HADDOCK & chips (939 cal)	£11.49
NORTH ATLANTIC HADDOCK (439 cal)	£8.49
CHUNKY COD BITES [6] (385 cal)	£7.49
SCAMPI [8] (358 cal)	£7.49
FISHCAKE (422 cal)	£3.49
PLANT BASED GOUJONS [4] VG (376 cal)	£3.99

CHICKEN

CHICKEN HALF (575 cal)	£7.49
CHICKEN NUGGETS [6] (547 cal)	£3.99

PIES

STEAK & KIDNEY PIE (572 cal)	£3.99
CHICKEN & MUSHROOM PIE (567 cal)	£3.99
VEGAN CHICKEN & MUSHROOM PIE VG (423 cal)	£3.99
MINCED BEEF & ONION PIE (641 cal)	£3.99

CHIPS

LARGE CHIPS V (933 cal)	£4.99
REGULAR CHIPS V (677 cal)	£3.99
REGULAR CHEESY CHIPS V (883 cal)	£5.49

SAUSAGE

JUMBO BATTERED SAUSAGE & chips (1111 cal)	£7.19
JUMBO BATTERED SAUSAGE (611 cal)	£3.50
NAKED SAUSAGE & chips (818 cal)	£6.99
NAKED SAUSAGE (317 cal)	£3.30
SAVELOY & chips (698 cal)	£7.29
SAVELOY (198 cal)	£3.50

IN A BUN

CHIP 'BUTTY' (788 cal)	£3.99
FRIED CHICKEN & MAYO (609 cal)	£3.99

SIDES

BLACK PUDDING FRITTER (1045 cal)	£3.99
HAGGIS FRITTER (933 cal)	£3.99
CURRY SAUCE (135 cal)	£1.25
GRAVY (68 cal)	£1.25
MUSHY PEAS (88 cal)	£1.25
BAKED BEANS (92 cal)	£1.25
BUTTERED ROLL (350 cal)	£1.25
CHEESE (205 cal)	£1.50
PICKLED GHERKIN (7 cal)	£0.99
PICKLED ONION (12 cal)	£0.99
PICKLED EGG (70 cal)	£0.99
SQUEEZE ME KETCHUP (27 cal)	£0.75
SQUEEZE ME MAYO (169 cal)	£0.75
SQUEEZE ME TARTARE (82 cal)	£0.75

DRINKS

PEPSI	CAN £1.99
PEPSI MAX	CAN £1.99
PEPSI	CAN £2.29
DIET PEPSI	CAN £1.99
TANGO APPLE (35 cal)	CAN £1.99
TANGO ORANGE	CAN £1.99
7UP	CAN £1.99
ORANGE FRUIT SHOOT (12 cal)	BOTTLE £1.50
APPLE & BLACKCURRANT FRUIT SHOOT (10 cal)	BOTTLE £1.50
WATER	BOTTLE £1.99

KIDS MEALS

All come served with chips and a Fruit Shoot (orange or blackcurrant)

KIDS COD BITES & CHIPS (682 cal)	£6.99
KIDS NUGGETS & CHIPS (717 cal)	£6.99
KIDS SAUSAGE & CHIPS (631 cal)	£6.99

