



starters + small plates

gyozas

crispy roasted pork filled dumplings deep fried, served with hoi sin dipping sauce and pickled cucumbers.

£7.95

garlic bread V VE

our homemade pizza base generously spread with garlic butter.

£7.95

add mozzarella cheese for £2.00

popcorn prawns GF

plump greenland prawns tossed in our own salt and pepper coating, deep fried crispy, served with pea shoots and sweet chilli dipping sauce.

£9.50

hot honey crispy chicken GF

deep fried chicken thigh bites tossed with a hot honey, sriracha and sweet chilli glaze, topped with crispy salt and pepper kale.

£8.95

soup of the day

a piping hot bowl of our homemade soup, served with warm homemade bread and butter.

£6.25

bbq brisket crostini

maudsley farm beef brisket, spice rubbed and slow roasted, shredded with a sweet smoky bbq sauce on toasted crostini with pickled red onions and a white barbecue sauce.

£7.95

thai fish stew GF

salmon, haddock and tiger prawns cooked in a spicy thai-style coconut broth with flavours of lemongrass, ginger, lime leaves and chilli, served with shrimp crackers.

£9.95



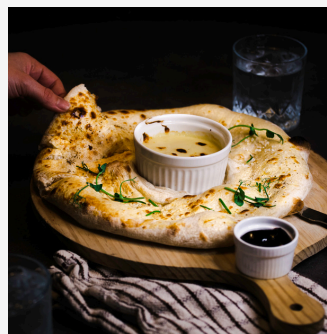
ideal for sharing



samosas V VE

spiced potato and spinach samosas served with a bowl of tarka dal and mango chutney.

£9.95



brie 'n bread V

tear and share fresh bread studded with fresh rosemary and sea salt, baked with a pot of creamy hot brie and cranberry jelly.

£11.50

nachos GF V VE

corn tortillas oven baked with mozzarella cheese and jalapenos, topped with a tomato salsa, guacamole and sour cream.

£9.95

flatbread & hummus V VE

freshly baked handstretched flatbread served with homemade hummus, olive oil and a balsamic glaze.

£8.95

£10.95

with nduja spicy sausage or olives

£12.95

with both

main courses

steak and onion pie

a proper pie – slow cooked maudsley farm beef with rich local ale gravy in our all-butter shortcrust pastry, served with vegetable selection and chips.

fish and chips GF

fresh fleetwood haddock fillet deep fried in a light ale batter served with mushy peas and chips.

sheep and pigs GF

slow-roasted crispy belly pork and maudsley farm lamb chop over smoked ham bubble 'n squeak with a rich red wine and shallot gravy, served alongside seasonal vegetables.

cheese burger

maudsley farm beef burger grilled and topped with mature cheddar and tomato relish on a toasted bun, served with salad and chips.

goan vegetable curry GF V VE

cauliflower, red pepper, green beans and potato cooked in our mild goan spice paste with tomato, coconut and tamarind served with vegetable pilaf and bhel puri.

crispy chilli chicken

deep fried chicken, spring onions and sugar snap peas in a sticky sweet chilli, garlic and soy glaze, topped with fried shallots and toasted sesame seeds served with shanghai-style noodles.

grandma's cheese pie V

an old family recipe – three cheeses, onion and potato oven-baked in a shortcrust pastry pie, served with salad and chips.

chicken flatbread

cajun marinated chicken breast pan fried with onions on our fresh dough flatbread with shredded gem lettuce, mayonnaise, dressed side salad and a side of chips.

beetroot falafel flatbread V VE

homemade beetroot falafel on our fresh dough flatbread with shredded gem lettuce, spicy harissa – dressed salad and side of chips.

pizzas

all handstretched fresh dough (approx 11")

pen-y-ghent V VE

tomato marinara, mozzarella and fresh basil.

ingleborough

tomato marinara, mozzarella, hot honey glazed chicken, buffalo mozzarella, roasted baby plum tomatoes and oregano.

whernside

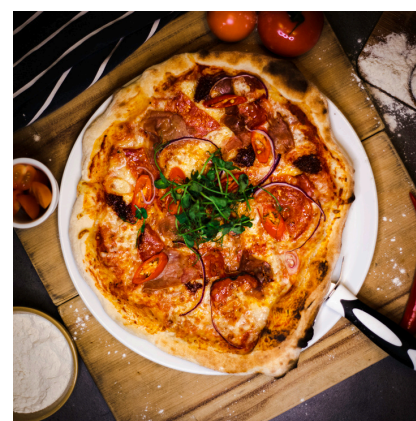
tomato marinara, mozzarella, bbq beef brisket, chilli jam, roasted shallots and piquante peppers.

smearsett

tomato marinara, mozzarella, nduja spicy sausage, italian salami and prosciutto ham, red onion and fresh chilli.

attermire V

tomato marinara, mozzarella, garlic and herb roasted portobello mushroom, creamed spinach, parmesan shavings and fresh rocket.



sides

all sides are available
gluten free, vegetarian or vegan.

bowl of chips £4.25

bowl of cheesy chips £5.25

side of vegetables £4.25

salad bowl with olives £4.25

VE vegan available

V vegetarian

GF gluten-free available

allergens:

Please inform a member of staff if you have any allergies, intolerances or special dietary requirements. While we try our best to accommodate allergies, we are not an allergen-free kitchen, so we cannot guarantee everything is 100% allergen free.

tag us in your posts!

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TripAdvisor
Travellers'
Choice Awards



kids menu

£9.95

served with a choice of chocolate, strawberry or vanilla ice cream, or an ice lolly.

chicken goujons **GF**

panko breaded chicken goujons deep-fried, served with chips and baked beans or peas.

cheeseburger

4oz maudsley farm cheeseburger on a toasted bun with chips and baked beans or peas.

fish and chips **GF**

crispy battered haddock fillet served with chips and baked beans or peas.

pizza **V** **VE**

mini pizza topped with tomato marinara, mozzarella cheese and a side of chips.

pasta bake **V** **VE**

penne pasta in a tomato sauce topped with mozzarella cheese and served with garlic bread.

serving times

monday

12pm-8pm

tuesday

closed

wednesday

12pm-8pm

thursday

12pm-8pm

friday

12pm-8pm

saturday

12pm-8pm

popular

sunday roasts

ask a member of staff to see what's on our sunday menu...

sunday

12pm-7pm

desserts

£6.95

all homemade and vegetarian

white chocolate and raspberry tiramisu

brandy snap basket filled with honeycomb semi freddo

chocolate and stem ginger meringues layered with whipped cream and chocolate sauce **GF**

crumble tart

please ask for today's flavour.

cheesecake **GF**

please ask for today's flavour.

ice cream sundae

please ask for today's flavour.

£7.95

please enquire about our vegan dessert options.



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special parties | private events

for all enquiries email hello@the-knights-table.co.uk

JOIN US FOR OUR MONTHLY AFTERNOON TEAS OR OUR 7 COURSE THEME NIGHT EVENINGS!

WE ALSO HAVE SPEEDQUIZZES ONCE A MONTH!

THE KNIGHTS TABLE

01729 823387

BD24 0DP

SIGN UP TO OUR MAILING LIST TO STAY IN THE LOOP AND NEVER MISS OUT ON NEW EVENTS.

WWW.THE-KNIGHTS-TABLE.CO.UK/MAILING-LIST

SUNDAY MENU

● TO BEGIN

Creamy Cauliflower Soup *V + G.F.A*

Topped with or without crispy bacon.
Served with warm roll and butter.

Rakatak *V*

Middle eastern deep fried pastry roll filled
with cheese, spring onions and herbs
- served with chilli jam.

● MAIN EVENT

Maudsley Farm Beef

Roasted and sliced Maudsley farm beef,
Yorkshire pudding and rich gravy.

Leg of Lamb

Maudsley farm roasted leg of
Lamb with Yorkshire pudding and
a rich minted gravy.

Fresh Cod Fillet *G.F.A*

Cod fillets in crispy ale batter with
French style peas and chunky chips.

***All served with vegetable selection,
roasted and mashed potatoes.***

Lasagne *V*

Oven baked lasagne layered with roasted
portobello mushrooms and spinach in a
creamy mascarpone sauce served with
dressed salad and garlic bread.

Please see separate menu for a selection of homemade desserts.

1 Course £18

2 Course £22

3 Course £25

Kids Roast (1 Course) £11

All food served from 12-7pm. Our dishes don't always mention every ingredient.
For full allergen information please ask a member of staff.

Week 1



light bites

gyozas

crispy roasted pork filled dumplings deep fried, served with hoi sin dipping sauce and pickled cucumbers.

hot beef sandwich

maudsley farm beef in a rich beef gravy on toasted homemade bread with side of chips.

goan vegetable curry GF V VE

cauliflower, red pepper, green beans and potato cooked in our mild goan spice paste with tomato, coconut and tamarind served with vegetable pilaf and bhel puri.

£7.95

£11.95

£14.95

ideal for sharing

nachos GF V VE

corn tortillas oven baked with mozzarella cheese and jalapenos, topped with a tomato salsa, guacamole and sour cream.

£9.95

samosas V VE

spiced potato and spinach samosas served with a bowl of tarka dal and mango chutney.

£9.95

flatbread & hummus V VE

freshly baked handstretched flatbread served with homemade hummus, olive oil and a balsamic glaze.

£8.95

£10.95

with nduja spicy sausage or olives

£12.95

with both

main courses

cheese burger

maudsley farm beef burger grilled and topped with mature cheddar and tomato relish on a toasted bun, served with salad and chips.

£14.95

beetroot falafel flatbread V VE

homemade beetroot falafel on our fresh dough flatbread with shredded gem lettuce, spicy harissa-dressed salad and side of chips.

£13.95

chicken flatbread

cajun marinated chicken breast pan fried with onions on our fresh dough flatbread with shredded gem lettuce, mayonnaise, dressed side salad and a side of chips.

£14.95

pizzas

all handstretched fresh dough (approx 11")

pen-y-ghent V VE

tomato marinara, mozzarella and fresh basil.

£12.95

ingleborough

tomato marinara, mozzarella, hot honey glazed chicken, buffalo mozzarella, roasted baby plum tomatoes and oregano.

£14.95

whernside

tomato marinara, mozzarella, bbq beef brisket, chilli jam, roasted shallots and piquante peppers.

£14.95

smearsett

tomato marinara, mozzarella, nduja spicy sausage, italian salami and prosciutto ham, red onion and fresh chilli.

£15.95

attermire V

tomato marinara, mozzarella, garlic and herb roasted portobello mushroom, creamed spinach, parmesan shavings and fresh rocket.

£13.95

garlic bread V VE

our homemade pizza base generously spread with garlic butter.

£7.95

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VE **vegan available**

V **vegetarian**

GF **gluten-free available**

SUNDAY MENU

● TO BEGIN

Broccoli & Stilton Soup *V + G.F.A*

Broccoli soup with stilton cream
and blue cheese croutons

Prawn Salad *G.F.A*

Asian prawn salad with pickled cucumbers,
shrimp crackers and dressed with coconut
sriracha.

● MAIN EVENT

Maudsley Farm Beef

Roasted and sliced Maudsley farm beef,
Yorkshire pudding and rich gravy.

Gammon *G.F.A*

Grilled Horseshoe gammon steak
with crispy pineapple fritter and
chilli jam.

*All served with vegetable selection,
roasted and mashed potatoes.*

Fresh Salmon Fillet *G.F.A*

Cajun spiced fresh salmon fillet with tomato,
cucumber and chilli salsa, served with sour
cream and a lime and coriander pilaf.

Tomato Tart *V*

Roasted tomato, shallot and fresh basil tart
topped with a cheddar and breadcrumb
crust, served with dressed salad and
chunky chips.

Please see separate menu for a selection of homemade desserts.

1 Course £18

2 Course £22

3 Course £25

Kids Roast (1 Course) £11

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Week 2



starters

gyozas

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popcorn prawns

plump greenland prawns tossed in our own salt and pepper coating, deep fried crispy, served with pea shoots and sweet chilli dipping sauce.

main courses

steak and onion pie

a proper pie – slow cooked maudsley farm beef with rich local ale gravy in our all-butter shortcrust pastry, served with vegetable selection and chips.

fish and chips

fresh fleetwood haddock fillet deep fried in a light ale batter served with mushy peas and chips.

grandma's cheese pie

an old family recipe – three cheeses, onion and potato oven-baked in a shortcrust pastry pie, served with salad and chips.

goan vegetable curry

cauliflower, red pepper, green beans and potato cooked in our mild goan spice paste with tomato, coconut and tamarind served with vegetable pilaf and bhel puri.

cheese burger

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beetroot falafel flatbread

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chicken flatbread

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ideal for sharing

£7.95

samosas

spiced potato and spinach samosas served with a bowl of tarka dal and mango chutney.

£9.95

£9.50

flatbread & hummus

freshly baked handstretched flatbread served with homemade hummus, olive oil and a balsamic glaze.

£8.95

£10.95

with nduja spicy sausage or olives

£12.95

with both

pizzas

£16.95

all handstretched fresh dough (approx 11")

pen-y-ghent

tomato marinara, mozzarella and fresh basil.

£12.95

£16.50

ingleborough

tomato marinara, mozzarella, hot honey glazed chicken, buffalo mozzarella, roasted baby plum tomatoes and oregano.

£14.95

£14.95

whernside

tomato marinara, mozzarella, bbq beef brisket, chilli jam, roasted shallots and piquante peppers.

£14.95

£14.95

smearsett

tomato marinara, mozzarella, nduja spicy sausage, italian salami and prosciutto ham, red onion and fresh chilli.

£15.95

£14.95

attermire

tomato marinara, mozzarella, garlic and herb roasted portobello mushroom, creamed spinach, parmesan shavings and fresh rocket.

£13.95

£13.95

garlic bread

our homemade pizza base generously spread with garlic butter.

£7.95

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 **V** vegetarian

 **GF** gluten-free
available