

HIGHLANDS END LEISURE CLUB

TERM TIME TIMETABLE

	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm
Monday	Adult Only		General Swim	Aqua Fit	General Swimming			Swim School General Swim	Swim School	Swim School	General Swimming			Closed
Tuesday	Adult Only <small>*Sauna & Steam Room open at 10am</small>	General Swimming											Closed	
Wednesday	Adult Only	General Swimming						Swim School			Paddle Board Fitness & Yoga (Winter only)			
Thursday	Adult Only	General Swim	Aqua Fit	Parent & Babies General Swim	General Swimming							Closed		
Friday	Adult Only	General Swimming											Closed	
Saturday	General Swimming											Adult Only	Closed	
Sunday	General Swimming											Adult Only	Closed	

SCHOOL HOLIDAY TIMETABLE

	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm
Monday	Adult Only		General Swim	Aqua Fit	General Swimming								
Tuesday	Adult Only <small>*Sauna & Steam Room open at 10am</small>	General Swimming											
Wednesday	Adult Only	General Swimming											
Thursday	Adult Only	General Swimming											
Friday	Adult Only	General Swimming											
Saturday	General Swimming											Adult Only	
Sunday	General Swimming											Adult Only	

The Sauna and Steam Room are available for use during normal opening hours, even during classes. *excluding Tuesday AM
Speak to a member of the team for more details regarding when Paddle Boarding is on.

The opening times and class times are subject to change. Any changes will be communicated on our website, Facebook Page and at the Leisure Club Reception at the earliest opportunity.